

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	157	Abbott	Julie	44		Scarab Tri	F	Y		08:53:00
	267	Alcock	Steven	28		Man Tri	M			10:46:00
	402	Alder	Jemima	26	Team Alder		x	Y		08:53:00
	354	Allday	Charles	38			M	Y	Y	10:30:00
	341	Amison	Martin	31			M		Y	11:30:00
	423	Anthony	Dean	29			M			10:38:00
	333	Anthony	Michael	56		Scarab Tri	M			09:49:00
	343	Armit	Tim	44		Fylde Triathlon Club	M			10:30:00
	215	Arthan	Linda	54		oo tri (Oswestry Olympians	F			09:58:00
	144	Ashton	Jaime	29		Carneddau Triathlon Club	F			09:40:00
	142	Ashton	Matthew	31		Carneddau Triathlon Club	M			11:57:00
	428	baccerini	luigi	38			M	Y		11:30:00
	315	baker	charlie	29			M	Y		09:31:00
	332	Baker	Hilary	51		Carneddau	F			09:40:00
	403	Baker	Louise	42		Ludlow Tri Club	F			10:46:00
	449	Ballamy	Claire	48		Wreccsam Tri Club	F			11:02:00
	198	Bartlett	Anna	39		Shrewsbury A C	F			11:44:00
	162	Battye	Duff	38		TVT	M			11:57:00
	407	Beeching	Adrian	46			M			09:49:00
	294	Bennett	Mark	40		Chester Triathlon Club	M			11:51:00
	170	Berry	Holly	33			F	Y		10:14:00
	237	Biffa	Chris	54		Wreccsam Tri	M			11:23:00
	124	Birchall	David	48			M			10:46:00
	212	Birks	Ben	29		Chester Triathlon Club	M			11:16:00
	222	Birtwistle	Nick	37			M	Y		09:13:00
	298	Bolton	Karl	45			M			10:30:00
	432	Bowyer	Andy	45		WrexhamTri	M			11:57:00
	139	Brampton	Neil	47			M			09:40:00
	106	Bridge	Alan	57			M			09:03:00
	447	Britland	Toni	27	Gullivers		X	Y	Y	08:00:00
	173	Brook	Peter	28		Chester Tri	M	Y		11:57:00
	374	brooke	phil	35			M			11:51:00
	411	Broster	Philip	52		Chester Triathlon Club	M			12:03:00
	338	Brown	Martin	33			M	Y		11:44:00
	336	Brown	Naomi	28			F			09:49:00
	451	Browne	Julian	42		Carneddau Triathlon Club	M			11:30:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	351	Buckley	Derek	54		Fylde Tri	M			10:46:00
	153	Bullen	Karen	43		BAD TRI	F			09:58:00
	117	Burford	Daniel	32		N/A	M			11:16:00
	373	Butterworth	Keith	52			M			10:30:00
	128	Calland	Ian	46			M			10:06:00
	379	Cameron	Bruce	69		Poole Runners	M			08:43:00
	350	Campbell	Andy	35		TriCentral	M	Y		12:09:00
	211	Cartwright	Gary	38			M			11:09:00
	337	Causey	Chris	31			M	Y		11:37:00
	312	Clamp	Guy	50			M			10:30:00
	166	Clapham	simon	50		Scarab Tri	M			10:22:00
	444	Clarke	Chris	37		f2k Health & Fitness	M			11:02:00
	302	Clarkson	Michael	60		Sheffield Triathlon Club	M			11:23:00
	399	Clarkson	Robert	35		Calderdale tri Club	M			09:49:00
	384	clarkson	Robert Andrew	35		robert.clarkson@veolia.co.uk	M			09:49:00
	121	clayton	john	50			M			11:16:00
	392	Clewes	Matthew	50		Mercia Fell Runners	M			11:57:00
	297	Cole	Simon	42		Fylde Tri	M			09:58:00
	127	Collins	Richard	38			M	Y		11:30:00
	155	Collins	Stephen	49		Manchester Tri Club	M			11:30:00
	360	Collins	Sterhen	49		Man Tri	M			12:03:00
	365	Collister	Rob	62	Cymdeithos Eryri Supervets		M	Y		09:58:00
	217	Conroy	Paul	45			M	Y	Y	08:33:00
	221	Cook	Andrew	36			M	Y		09:03:00
	210	Cook	Ceri	42			F			09:22:00
	175	Cooper	Russell	42		North Wales Fire and Rescue Service	M	Y		11:16:00
	415	Cowan	Charles	58			M			10:46:00
	420	coyle	david	46			M	Y		09:13:00
	263	Crowther	Simon	33		None	M			09:22:00
	177	David	Smith	28		Arfon Masters	M	Y		11:57:00
	339	Davies	Dafydd	27		n/a	M	Y		12:03:00
	196	Davies	Elwyn	46		Maldwyn Harriers	M			10:46:00
	385	Davies	Gethin	27			M			11:51:00
	324	Davies	Graham	45		Carneddau Triathlon Club	M			10:54:00
	427	Davies	Kevin	38			M			10:38:00
	277	Davies	Mark	44		N/A	M			10:22:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	235	Davies	Scott	35			M			10:22:00
	163	Dawson	Simon	42			M	Y	Y	08:23:00
	326	Deane	Claire	41		Manchester Triathlon	F			11:09:00
	168	Denniss	Stella	34		Bournville Harriers	F	Y		10:06:00
	194	Devine	Alys	33			F	Y		10:14:00
	255	Dickinson	Tony	30		Man Tri	M			10:46:00
	204	dilworth	mike	56		Padarn Tri	M			11:44:00
	174	Dines	Trevor	40			M	Y		10:14:00
	218	DONNELLY	ALLISON	42			F			10:46:00
	286	EDWARDS	ANDREW	29		N/a	M	Y		09:03:00
	361	edwards	sharon	38		padarn tri	F			09:13:00
	114	Edwards	Valerie anne	57			F			08:12:00
	362	edwards	vince	38		padarn tri	M			11:44:00
	334	ellis	garry	43		padarn tri	M			10:54:00
	246	Evans	John Gwynn	63		Cerist	M			09:49:00
	261	Evans	Nigel	52			M		Y	08:53:00
	122	Fairlamb	Martyn	42		Denbigh Harriers	M			09:13:00
	364	Farnell	Nick	51		Ludlow Triathlon	M			10:54:00
	145	Fletcher	Alexandra	29		Eryri Harriers	F	Y		09:22:00
	203	Fowler	Anthony	47		Mersey Tri	M			09:40:00
	137	Fry	Michael	40			M			09:13:00
	101	Fuller	Anne	49		Harlech Triathlon Club	F			07:45:00
	386	Fychan	Brdwyr	32		Cerist	M	Y		10:54:00
	105	Gallimore	David	36			M			10:06:00
	446	Ganderton	Ian	39			M	Y		11:02:00
	356	gascoyne	paul	46		ten-point triathlon team	M			09:40:00
	104	Glyndwr	Owain	38		Team Deviant (Mike Griffiths for WTA -	M			11:37:00
	140	Godfrey	Keith	42			M			09:58:00
	183	Godwin	Russell	43		Carneddau Triathylon	M			11:44:00
	202	Goodall	Lawrence	28			M	Y		10:14:00
	443	Graham	Naomi	40		Mersey Tri	F			09:03:00
	404	Greenwood	Simon	43		Chester Tri	M			11:30:00
	430	griffiths	ed	36			M	Y		09:13:00
	133	Gulliver	Vic	64		Prestatyn Running Club	M			08:23:00
	292	Guy	Robin	39		Newport and District R C	M			10:46:00
	192	gwyer	lesley	40			F	Y		08:33:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	220	Hale	Lucy	29			F	Y		11:02:00
	125	Hallworth	Martin	54			M			10:06:00
	180	Harding	Tim	47		Carneddau tri	M			11:09:00
	416	Hardy	Amicia	41			F			08:53:00
	149	HARE	PHIL	49			M	Y		08:23:00
	226	Harris	Sonia	39		manchester triathlon club	F			11:23:00
	268	Harrison	Philip	29			M	Y		09:03:00
	254	Haworth	Nicholas	48		nicholashaworth@btinternet.com	M	Y		09:31:00
	412	Hawtin	Matthew	35			M			11:02:00
	238	Hayes	Richard	38		Wreccsam Tri	M			10:54:00
	431	Healey	Royden	42		Carneddau Triathlon Club	M			10:38:00
	272	Hewitt	Si	34			M			07:45:00
	279	Hickman	Paula	32			F	Y		09:49:00
	216	HIGUERUELO COLO	ANTONIO	31			M	Y	Y	11:16:00
	305	hindle	anthony	41		none	M	Y		08:43:00
	242	Hinton	chris	45			M	Y		10:54:00
	371	Hoare	Paul	49			M			10:54:00
	148	hollett	alison	41			F			10:06:00
	303	Hough	Rob	43			M			10:30:00
	452	Houston	Ian	40		Wreccsam Tri	M	Y		11:30:00
	433	Howells	Justin	36			M	Y		08:00:00
	123	Hughes	Colin	52			M			07:45:00
	258	HUGHES	DAVID	40		arfon masters swimming club	M	Y		11:23:00
	120	Hughes	jane	45		Scarab	F			08:00:00
	409	Hughes	Mac	52			M	Y		08:53:00
	429	Hughes	Sarah	35			F	Y	Y	08:53:00
	236	Humphreys	Alun	46		Wtreccsam Tri	M			10:22:00
	239	Hunter	Julian	56		Wreccsam Tri	M			10:22:00
	435	Ingram	Richard	24			M	Y		08:12:00
	102	James	Alan R	62		Wrexham AAC	M	Y		07:45:00
	406	James-Owens	Rachel	37		Carneddau Triathlon Club	F			09:03:00
	273	Jeffs	Joe	22			M	Y	Y	10:22:00
	330	Johnson	Emily	32			F	Y		08:53:00
	329	Johnson	Mike	35			M	Y		08:53:00
	422	Jones	Alan	32	Clwb Ceffyl Haearn	Clwb Ceffyl Haearn	M		Y	11:02:00
	367	Jones	Alison	57		Cerist Triathlon Club	F			08:12:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	250	JONES	BARRY	48		Birkenhead North End CC	M	Y		08:33:00
	143	Jones	Berwyn	55		Padarn Tri	M			11:37:00
	146	Jones	Craig	40		Eryri Harriers	M	Y		08:23:00
	396	JONES	EUROS	39			M			09:58:00
	249	Jones	Gareth	37			M	Y		08:33:00
	314	Jones	Gary	31		Chester tri	M	Y		09:31:00
	188	Jones	Gary	46			M			10:14:00
	276	Jones	Geth	44		Team Deviant	M			10:22:00
	165	Jones	Glyn	46		Maldwyn Harriers	M			08:23:00
	134	Jones	Graham Paul	47		Carneddau Triathlon Club	M			11:09:00
	119	Jones	Gwyn	34			M	Y		08:12:00
	240	Jones	Iorweth	62		Wreccsam Tri	M			10:22:00
	205	jones	louise	55		none	F			09:58:00
	389	Jones	Menna	39			F	Y		08:43:00
	265	Jones	Phil	63		Rhos on Sea Cycling	M	Y		08:33:00
	355	Jones	Richard	22			M	Y	Y	10:30:00
	151	Jones	Steffan	41			M			09:40:00
	317	jones	steven	35		chester tri	M	Y		09:31:00
	243	Kaye	Allan	35			M			10:54:00
	195	Kaye	Malcolm	60			M	Y		09:03:00
	233	Kaye	Philip	31			M			10:14:00
	229	Kenyon	Roger	58		Sheffield Triathlon Club	M			11:23:00
	342	Kilpatick	Bryony	28		Fylde Triathlon Club	F	Y		08:23:00
	296	Kilpatrick	Victoria	26		Fylde Tri Club	F			11:23:00
	380	Kirk	Maggie	61		New Forest Runners	F			10:06:00
	288	Lake	Catherine	25		None	F	Y		11:51:00
	278	Lang	Lisa	33		Mersey tri	F			08:33:00
	383	Law	Rebecca-Jane	24			F	Y		08:43:00
	110	Lee	Richard	46		Carneddau Traithlon	M			11:30:00
	113	Leonard	Adrian	29		Carneddau Triathlon Club	M			12:03:00
	340	Lewis	Dylan	27		Cerist	M	Y		11:37:00
	439	Lewis	Glyn	50		Cerist Tri	M		Y	09:31:00
	251	Lomas	Robert	30		wrexham tri	M	Y		10:38:00
	308	Loney	Chris	52		Chester Tri	M			11:37:00
	323	lord	chris	42		carneddau tri	M			09:58:00
	182	LOWE	Andrew	51			M			11:16:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	245	Lowe	Richard	37		Cersit Tri Club	M		Y	10:22:00
	158	Lynn	David	52	A Spoonerlynnym		X			08:23:00
	387	Maguinness	Neil	41		Cerist Triathlon Club	M			09:49:00
	248	Mair	Guy	44		Carneddau and Royal vy	M	Y		08:33:00
	253	Maire	Susan	42		Mersey Tri	F			10:38:00
	230	Major	Ken	66		Prestatyn R C	M			08:12:00
	167	Mason	Gary	43		Bournville Harriers	M			10:06:00
	138	Matthews	Anthony	58		None	M			09:03:00
	442	Mawdsley	Richard	40		Mersey Tri	M			09:31:00
	320	Mc aleese	paul	43		none	M			10:30:00
	187	McAllister	Simon	46		City of Chester Tri	M			11:44:00
	191	McClelland	Margaret	50			F			09:22:00
	405	McConkey	Ian	43			M	Y		09:31:00
	413	McCormack	Neil	37			M			11:02:00
	434	McGivern	Andy	31			M			11:57:00
	408	McGivern	Jamie	35		The Wirral Avago Tri Squad	M			12:09:00
	234	mcguire	stuart	38			M			10:14:00
	304	McKay	Michael	22		Mike McKay Perso l Training	M	Y		12:03:00
	331	mckendry	leigh	38			M			10:30:00
	282	Miles	Paul	48		City of Chester Triathlon Club	M			11:44:00
	231	Mitchelmore	Darren	43		Pontesbury Tri	M			11:51:00
	147	Moore	Clive	53		n/a	M			09:40:00
	349	Morley	Lisa	38		Wreccsam Tri	F			10:38:00
	418	Morris	Alan	43			M	Y		09:58:00
	388	Morris	David	47		Cerist	M			09:49:00
	108	Morris	Wyn	43		Carneddau	M			08:23:00
	200	Morton	Iwan	32			M	Y		09:22:00
	345	moxon	andrew	38		fylde tri	M			08:43:00
	318	Murray	Fergus	42		Wreccsam Tri	M			11:37:00
	116	Murray	Robert	33		7Oaks Triathlonn	M			11:37:00
	301	Murray	Russell	45			M			08:43:00
	228	MURRAY-CRISP	JOHN	44		WRECSAM TRI	M			11:57:00
	209	Myles	Chris	46		Shrewsbury Masters	M			10:46:00
	247	Newby	Karen	39		Scarab	F			10:38:00
	190	Newing	Robert Andrew	47			M		Y	10:38:00
	454	nicolay	damien	36			M			10:38:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	259	Noden	Robert	34			M			09:13:00
	260	Noden	Tina	31			F			09:13:00
	169	Norman	Peter	72		Wreccsam Tri	M			08:33:00
	293	O'Sullivan	Seamus	39			M	Y		09:49:00
	316	OConnell	Nigel	46		chester tri	M			11:30:00
	206	Oldfield	Jonathan	39			M	Y		08:33:00
	150	OLDFIELD	TONY	54			M		Y	08:00:00
	207	Oldfield-Jones	Gayle	41			F	Y		07:45:00
	390	O'Sullivan	Kate	45		Aberystwyth AC	F	Y		08:12:00
	227	Owen	Noel Rhys	43			M		Y	08:33:00
	223	owen	stephen	37		maldwyn harriers	M			11:44:00
	440	Owens	David	28		The Wirrral Avago Triathlon Squad (T.M	M	Y		08:23:00
	295	Parry - Jones	Glenn	41			M	Y		11:51:00
	438	Parslow	Helen	55	Glaslyn Girls		F		Y	08:00:00
	352	Parsons	Darren	43		Tequila Slammers	M			10:30:00
	171	Parsons	Iain	51		Chester Triathlon Club	M			10:46:00
	115	Peek	Keith	50		Chester Tri	M			11:09:00
	156	Pepper	Mike	60		Padarn	M			11:51:00
	319	Philipson	Paul	45			M			09:58:00
	410	Pierce	Rhian	26		Rhyl Cycling Club	F	Y		10:54:00
	159	Plumtree	Simon	42			M			10:06:00
	363	Postins	Gary	39		Newport and District R C	M			10:38:00
	130	Press	David	58		Chester Tri	M			10:06:00
	368	Preston	Andrew	38			M			09:03:00
	300	Price	Anthony	46			M			11:09:00
	378	Pringle	Bob	58		Sheffield Triathlon Club	M			11:09:00
	357	privett	helen	46		ten-point triathlon team	F	Y		09:03:00
	322	Pugh	Martin	35			M	Y		08:43:00
	414	Quirke	Patricia	38		Manchester Triathlon Club	F	Y		11:30:00
	126	rainford	chris	44		GMC Fire service tri	M			11:16:00
	103	Raybone	David	46			M	Y	Y	08:00:00
	366	Richards	Barry	47			M			11:57:00
	189	Richards	Huw	47			M	Y		11:16:00
	437	Richards	Ifan	31	Meirionnydd Runnibg Club	Meirionnydd Running Club	X	Y	Y	11:51:00
	270	Rigby	Mark	45			M			11:02:00
	262	Rink	Andrew	43			M			10:22:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	445	Roberts	Aled	58		Padarn Tri	M			08:00:00
	325	Roberts	Andrew	47			M	Y	Y	09:31:00
	311	Roberts	Andy	37			M	Y		08:43:00
	291	Roberts	Iorwerth	66		Carneddau Tri	M			07:45:00
	224	Roberts	Matthew	29		Eryri Harriers	M	Y	Y	09:22:00
	370	ROBERTS	PAUL	37			M	Y		12:03:00
	172	Roberts	Richard	46		Chester Triathlon Club	M			10:46:00
	199	Roberts	Richard	31		Eryri Running Club (Harriers)	M	Y		11:44:00
	283	Roberts	Stephen	39		Wrexham Tri	M	Y		08:33:00
	179	Rogers	Andrew	41			M	Y		10:14:00
	184	Ronald	Vicky	43		Carneddau Triathylon	F			10:14:00
	457	Roper	Lucy	37	Team 100		X			07:45:00
	401	rowley	debbie	37		mersey tri	F			09:03:00
	381	Roxburgh	Rhian	35		Carneddau Triathlon Club/ Tri-Central.c	F			12:09:00
	382	Roxburgh	Simon	35		Carneddau Triathlon Club	M			11:51:00
	344	russell	brian	51		cardigan running club	M	Y		08:00:00
	131	sanders	katie	25		scarab tri	M	Y		10:06:00
	161	sanders	paul	27		Scarab Tri	M	Y		10:06:00
	425	Sanderson	George	22			M	Y	Y	11:02:00
	436	Satchwell	Anthony	21		Flyde Tri	M	Y		11:30:00
	307	savage	roger	42		none	M			11:23:00
	441	Saycell	Jeff	39		Ystwyth CC	M			11:30:00
	424	Saycell	Martyn	36		ystwyth cc	M			11:44:00
	252	Scarisbrick	Paul	31			M	Y		09:03:00
	176	schofield	paul	42		Manchester Tri Club	M			11:09:00
	327	Scholes	Beverley	48			F	Y		09:13:00
	395	Scott	Davies	35			M			11:51:00
	313	Seal	Alistair	29			M	Y		09:31:00
	321	Seller	Susan	54			F			08:53:00
	358	Shakespeare	Stephen	35			M		Y	08:12:00
	309	Shaw	Joe	43		Fylde Tri Club	M	Y		08:43:00
	219	Sheehan	Matthew	47		Tequila Slammers Tri	M			11:44:00
	287	Shelton	Mark	46			M			10:30:00
	285	Shinton	Graham	54		Black Country Triathlets	M			10:46:00
	257	Sibley	Ralph	44		SCARAB Tri Club	M			10:22:00
	241	Simmons	Sean	39		Chester Tri	M			11:57:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	419	Sinclair	Ian	45		City of Chester Triathlon Club	M			11:57:00
	141	Skenfield	Dave	69		Prestatyn RC	M			08:23:00
	348	Slaney	Jane	39		Fylde Triathlon Club	M			09:40:00
	347	Slaney	Steven	39		Fylde Triathlon Club	M			10:46:00
	197	Slater	Christine	57		Arfon Masters	F	Y		09:40:00
	281	Slinger	Philip	39		Mersey Tri	M			09:22:00
	426	Smith	Alex	26			M	Y		11:02:00
	186	Smith	Alison	35		Chester Tri	F			11:16:00
	111	Smith	Nigel	42			M			11:37:00
	132	Somers	Peter	43			M	Y		09:40:00
	394	SOUTHALL	ANDREW	44		BLACK COUNTRY TRI	M			12:03:00
	421	Southall	Josh	18		Black Country Tri	M			12:03:00
	448	Southall	Mark	42			M			12:03:00
	135	Spencer	Duncan	33		North Wales Fire and Rescue Service	M	Y		11:37:00
	266	spreadborough	andrew	50		ludlow tri club	M			10:54:00
	160	Stibbards	James	33			M	Y		11:16:00
	181	Stieler	Elizabeth	36		Cerist	F			10:14:00
	274	Tams	Leslie	48		Stafford Triathlon Club	M	Y		09:22:00
	275	TAYLOR	DAWN	47		Stafford Triathlon Club	F			08:43:00
	284	Taylor	Ian	42		Caerneddau Tri Club	M			11:23:00
	398	Tetlow	hans	43			M			11:09:00
	417	Tetlow	Karl	47			M			11:09:00
	397	Tetlow	roy	49		none	M			11:09:00
	112	Thomas	Dave	47		Team Deviant	M			09:40:00
	400	Thomas	David Gwyn	41		Rhyl Cycling Club	M			10:54:00
	109	Thomas	lestyn	28		Team Deviant	M	Y		09:13:00
	271	Thomas	Matt	35			M	Y		07:45:00
	185	Thomas	Simon	35			M	Y		10:14:00
	393	thomson	adam	37		primera bournemouth	M			12:03:00
	453	Timpson	James	36		Must tri harder	M	Y		09:58:00
	213	TUNNADINE	PAULA	45		WRECSAM TRI CLUB	F		Y	11:09:00
	107	Turner	Graham	28		Chester TRI	M			11:44:00
	306	Turner	Stephen	42		none	M			11:23:00
	377	Vrabcova	Maria	32			F	Y		08:00:00
	225	Wall	Judith	37		manchester triathlon club	F			11:23:00
	178	Walton	George (Jud)	42			M	Y		07:45:00

Race	Number	Last Name	First Name	Age	Team Name	Club	Sex	Novice	Local	Start Time
	154	Watkin	Elen	29			F	Y		09:22:00
	264	Wellington	Stephen	46		Carneddau Tri	M			09:22:00
	129	Westhead	Steven	45			M			11:16:00
	280	White	Gareth	39		Carneddau Triathlon Club	M			10:22:00
	359	White	Gary	38			M			08:43:00
	369	White	Kevin	36			M			09:03:00
	208	Whiteley	Joshua	37			M		Y	11:37:00
	164	whittaker	whittaker	45			M			08:23:00
	310	whittaker	william	23		None	M			10:30:00
	244	Wilcockson	David	39			M	Y		10:38:00
	118	Wilcockson	Ian	45			M			09:13:00
	256	Wilde	Amanda	41		merionydd running club	F	Y	Y	08:33:00
	214	williams	annie	49		eryri	F			09:22:00
	290	Williams	Barbara	53		Wrecsam Triathlon Club	F			08:43:00
	201	Williams	Caren	36			F	Y		09:22:00
	372	Williams	Dafyd	42		Energy Cycles	M			11:57:00
	391	Williams	Helen	48	Williams / Williams		x	Y		08:53:00
	335	Williams	Iwan	29			M			10:54:00
	193	Williams	John	50		Cerist	M			09:13:00
	289	Williams	John Barry	57		Wrecsam Triathlon Club	M			09:49:00
	299	Williams	Mark	49			M	Y		08:53:00
	152	Williams	Martin Garth	61		Carneddau Tri	M			09:40:00
	232	Williams	Nefyn	48			M			10:14:00
	346	winder	David	46		un tached	M			11:37:00
	136	Woodall	Ian	41			M	Y		07:45:00
	353	woodall	Mark	37		Cobra run & Tri	M			09:31:00
	328	Woodcock	Neil	52			M			08:12:00
	269	wright	nic	49			M			11:23:00
	375	Yeomans	Craig	41			M			09:49:00